

WEEK1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST CHOICES</b>							
BREAKFAST CHOICES			Mushrooms on Toast				Bacon and Eggs
MORNING TEA	Chefs selection of homemade sweet and savoury scones, cakes,biscuits and slices. Fresh fruit available at all times						
<b>LUNCH CHOICES</b>							
LUNCH CHOICES	Chicken and Vegetable Casserole OR Carrot, Zucchini and Parsnip Frittata	Beef and Vegetable Casserole OR Crunchy Fish Fingers	Apple-Glazed Pork Roast OR Cottage Pie	Chicken Cacciatore OR Ravioli with Roasted Pumpkin and Sage	Fried Fish OR Chicken & Vegetable Stir Fry	Glazed Meat Loaf OR Home Style Lasagne	French Roast Lamb OR Pork and Vegetable Meatloaf
VEGETABLES	Chefs selection of seasonal assorted vegetables						
DESSERT	Homemade Vanilla Slice	Dutch Apple Cake	Golden Syrup Tart	Butterscotch Self-Saucing Pudding	Baked Rice Custard	Gingerbread Pudding	Pavlova
<b>DINNER CHOICES</b>							
SOUP	Sweet Potato Soup	Italian Vegetable Soup	Beef and Barley Soup	Cream of Chicken and Mushroom Soup	Pumpkin and Broccoli Soup	Pea and Ham Soup	Cream of Cauliflower Soup
DINNER CHOICES	Country Lamb Pie with Onion Sauce OR Salad of the Day OR Assorted Sandwiches	Baked Beans on Toast OR Salad of the Day OR Assorted Sandwiches	Salmon and asparagus mornay OR Salad of the Day OR Assorted Sandwiches	Baked Sausage Roll OR Salad of the Day OR Assorted Sandwiches	Ham Steak and Pineapple OR Salad of the Day OR Assorted Sandwiches	Cornish Pasties OR Salad of the Day OR Assorted Sandwiches	Apricot Chicken OR Salad of the Day OR Assorted Sandwiches
VEGETABLES	Chefs selection of seasonal assorted vegetables						
DESSERT	Ice Cream	Jelly	Fruit Salad	Ice Cream	Jelly	Ice Cream	Fruit Salad
SUPPER	Tea, Coffee, Milo, Sweet Biscuits, Dry Biscuits with Cheese and Sandwiches.						



WEEK2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST CHOICES</b>							
BREAKFAST CHOICES			Baked Beans on Toast				Bacon and Eggs
MORNING TEA	Chefs selection of homemade sweet and savoury scones, cakes,biscuits and slices. Fresh fruit available at all times						
<b>LUNCH CHOICES</b>							
LUNCH CHOICES	Baked Fish with Cheese and Parsley Sauce OR Vegetable Pattie with Hummus	Pork and Plum Stir Fry OR Cheese & Tomato Pasta Bake	Classic Roast Chicken OR Salmon Pattie with Mashed Pumpkin	Boneless Lamb Cutlet OR Beef Bourguignon Casserole	Fried Fish OR Portuguese Meatballs	Zucchini Slice OR Country Lamb Pie with Onion Sauce	Roast Beef with Thyme Gravy OR Chicken Sausages with Caramelised Onion
VEGETABLES	Chefs selection of seasonal assorted vegetables						
DESSERT	Two Fruit Trifle	Apple and Rhubarb Pie	Banana Upside Down Cake	Chocolate Blancmange	Apple Pie	Bread and Butter Pudding	Lemon and Lime Cheesecake
<b>DINNER CHOICES</b>							
SOUP	Cream of Chicken Soup	Italian Minestrone Soup	Broccoli and Bacon Soup	Pumpkin and Bacon Soup	Chunky vegetable soup	Potato and Leek Soup	Beef and Barley Soup
DINNER CHOICES	Beef Stroganoff OR Salad of the Day OR Assorted Sandwiches	Cottage Pie OR Salad of the Day OR Assorted Sandwiches	Chicken Nuggets with BBQ Sauce and Mixed Salad OR Salad of the Day OR Assorted Sandwiches	Pasta Carbonara OR Salad of the Day OR Assorted Sandwiches	Lamb and Vegetable Pie OR Salad of the Day OR Assorted Sandwiches	Chicken Marengo OR Salad of the Day OR Assorted Sandwiches	Fish Fingers with Tartare Sauce OR Salad of the Day OR Assorted Sandwiches
VEGETABLES	Chefs selection of seasonal assorted vegetables						
DESSERT	Ice Cream	Jelly	Fruit and Custard	Ice Cream	Jelly	Ice Cream	Fruit Salad
SUPPER	Tea, Coffee, Milo, Sweet Biscuits, Dry Biscuits with Cheese and Sandwiches.						



WEEK3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST CHOICES</b>							
BREAKFAST CHOICES	Continental	Continental	Continental OR Home Made Spaghetti on Toast	Continental	Continental	Continental	Continental OR Eggs, Bacon and Tomatoes
MORNING TEA	Chefs selection of homemade sweet and savoury scones, cakes,biscuits and slices. Fresh fruit available at all times						
<b>LUNCH CHOICES</b>							
LUNCH CHOICES	Cottage Pie OR Tuna Pattie with Tossed Salad	Fish Cake with Tartare Sauce and Salad OR Lamb Hotpot	Roast Pork and Apple Sauce or Gravy OR Cheesy Meatballs	Boneless Lamb Cutlet OR Chicken and Mushroom Casserole	Fish of the Day OR Beef Stroganoff	Corned Silverside with Mustard Sauce OR Baked Sausage Roll	Roast Chicken with Gravy OR Pork Sausages with Fruit Chutney
VEGETABLES	Chefs selection of seasonal assorted vegetables						
DESSERT	Syrup Sponge	Two Fruit Trifle	Steamed Chocolate Sponge	Mango Cheesecake	Fruit Crumble	Creme Caramel	Apple Pudding
<b>DINNER CHOICES</b>							
SOUP	Chicken Soup	Country Vegetable Soup	Beef and Vegetable Soup	Tomato and Bacon Soup	Pumpkin Soup	Lamb Scotch Broth	Carrot and Coriander Soup
DINNER CHOICES	Chow Mein OR Salad of the Day OR Assorted Sandwiches	Chicken a la King OR Salad of the Day OR Assorted Sandwiches	Baked Fish with Cheese and Parsley Sauce OR Salad of the Day OR Assorted Sandwiches	Macaroni Bolognaise Bake OR Salad of the Day OR Assorted Sandwiches	Bubble and Squeak Slice OR Lamb Rissoles OR Salad of the Day OR Assorted Sandwiches	Pork and Plum Stir Fry OR Salad of the Day OR Assorted Sandwiches	Tuna Mornay OR Salad of the Day OR Assorted Sandwiches
VEGETABLES	Chefs selection of seasonal assorted vegetables						
DESSERT	Jelly	Ice Cream	Fruit and Custard	Jelly	Pears in jelly	Fruit Salad	Ice Cream
SUPPER	Tea, Coffee, Milo, Sweet Biscuits, Dry Biscuits with Cheese and Sandwiches.						



WEEK4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST CHOICES</b>							
BREAKFAST CHOICES			Scrambled Eggs				Bacon and Eggs
MORNING TEA	Chefs selection of homemade sweet and savoury scones, cakes, biscuits and slices. Fresh fruit available at all times						
<b>LUNCH CHOICES</b>							
LUNCH CHOICES	Lamb Hotpot OR Asparagus Vol Au Vent	Chicken Kiev OR Pickled Pork	Traditional Roast Beef OR Crumbed Fish Fillet	Glazed Meat Loaf OR Apricot Chicken	Fish and Chips OR Lamb and Bean Casserole	Lamb Rissoles OR Egg and Bacon Pie	Roast Pork and Apple Sauce or Gravy OR Beef Sausage in Onion Gravy
VEGETABLES	Chefs selection of seasonal assorted vegetables						
DESSERT	Spiced Apple Roll	Banana Custard	Baked Devonshire Custard	Dutch Apple Cake	Lemon Sponge	Spiced Pears and Orange Sauce	Peach crumble
<b>DINNER CHOICES</b>							
SOUP	Chicken, Sweetcorn and Bacon Soup	Beef and Vegetable Soup	Minestrone Soup	Potato and Bacon Soup	Ham Bone Soup	Roasted Pumpkin Soup with Crispy Bacon	Thick Beef and Vegetable Soup
DINNER CHOICES	Individual Quiche OR Salad of the Day OR Assorted Sandwiches	Sausage Rolls with Tossed Salad OR Salad of the Day OR Assorted Sandwiches	Ham Steak and Pineapple OR Salad of the Day OR Assorted Sandwiches	Country Lamb Pie with Onion Sauce OR Salad of the Day OR Assorted Sandwiches	Shepherd's Pie Pots OR Salad of the Day OR Assorted Sandwiches	Chicken and Vegetable Casserole OR Salad of the Day OR Assorted Sandwiches	Baked Fish with Cheese and Parsley Sauce OR Salad of the Day OR Assorted Sandwiches
VEGETABLES	Chefs selection of seasonal assorted vegetables						
DESSERT	Jelly	Ice Cream	Fruit and Custard	Jelly	Ice Cream	Fruit Salad	Fresh Fruit
SUPPER	Tea, Coffee, Milo, Sweet Biscuits, Dry Biscuits with Cheese and Sandwiches.						

