Cancer support services

The Bays Healthcare Group hosts free community cancer support services, events and activities throughout the year. Our calendar of events provides opportunities to learn from local health experts and connect with our social and support networks. For the most up to date information visit the news and events section of our website at www.thebays.com.au

**Men’s Health Group**
*First Thursday bi-monthly, 5.30pm to 7.30pm*

The Bays Men’s Health Group aims to provide information for men and their partners across all areas of health and well-being. Information and discussion topics include; living a healthy lifestyle and keeping well, recovery from illness and cancer. Bookings essential, email menshealth@thebays.com.au or phone 03 5975 2009.

**Making Strides Walking Group**
*Second & fourth Tuesday each month, 9am to 10am*

The Bays ’Making Strides’ walking group occurs on the second and fourth Tuesday each month. This walking initiative is available to anyone affected by cancer. If you have experienced a cancer diagnosis and are receiving or have completed treatment or are a friend or family member. To register your interest or for more information, contact Rochelle Henderson on 03 5970 5308 or email rochellehenderson@thebays.com.au

**Breast Intentions Support Group**
*First Wednesday each month, 7pm to 9pm*

Breast Intentions was formed in 2004 to support younger women and working women on the Mornington Peninsula with their breast cancer experience. For more information contact 0429 929 071 or email bimpwcs@gmail.com

**Mornington Peninsula Women’s Cancer Support Group**
*First Wednesday each month, 12.30pm to 2pm*

The Mornington coffee meeting for women with cancer meets at The Bays Hospital, Vale Street Mornington.

*Third Tuesday each month, 10.30am to 11.30pm*

The Hastings coffee morning for women with cancer meets at The Bays Consulting Rooms, Victoria Street Hastings.

The Mornington Peninsula Women’s Cancer Support Group supports all women with all cancers at all stages of diagnosis and treatment. The group is supported by staff at The Bays Hospital and provides links to other support groups. For more information contact 0402 929 071 or email bimpwcs@gmail.com