

Activities and social programs

We aim to enrich residents' lives with quality experiences. Our regular social activities keep family and friends involved, encourage friendships, and ensure that fun, laughter and stimulation are commonplace. We schedule regular social and therapeutic activities including:

- concerts, theatre and entertainers
- gentle exercise classes
- craft
- Bingo and games
- movies
- men's group
- day trips and outings
- discussion groups
- gardening
- weekly church service
- visiting pets.

Many of these activities are designed to be family friendly and we encourage family members and friends to join us.

Hospitality and meals

Meals are cooked by our on-site chef and support good physical and mental health and wellbeing. Our kitchen recognises dietary needs, tastes, cultural backgrounds and the personal preferences of residents. We serve all meals in our dining room and a generous meal selection is accompanied by a choice of alcoholic and non-alcoholic beverages. We encourage families and friends to join us for meals and family celebrations.

Volunteers

The Bays Aged Care has a team of volunteers who assist our team by spending one-on-one time with all our residents. They are engaged in refreshing flowers, helping with classes and activities, and are on hand to chat with and support our residents and their families.

Laundry

We provide an in-house laundry service which caters for all our residents personal laundry.

Other services

- Pharmacy – delivers twice daily
- Hairdresser
- Postal services
- Transport
- Concierge

“I used to worry about mum... I know now that she is safe, she has great company, and she's very well-fed. I'm so happy that she's happy.”

– Resident's daughter



For more information

The Bays Aged Care

15 Cool Store Road
Hastings VIC 3915
Phone 03 5979 0333

If you are considering an aged care placement, we encourage you to come and visit us in Hastings. Bookings for tours are essential.

www.thebays.com.au

www.facebook.com/TheBaysHealthcareGroup



Aged care information

Welcome home

The Bays Healthcare Group

Caring for the Peninsula

Overview

The Bays Aged Care is a fully accredited aged care provider located in Hastings, Victoria. We are part of The Bays Healthcare Group.

As a not for profit organisation The Bays Healthcare Group relies on the generosity of the community to help us provide the people of the Mornington Peninsula with high quality healthcare services.

We provide very high quality nursing and specialist care in comfortable surroundings, with respect for our residents' dignity and wellbeing. We pride ourselves on creating a loving, home-like environment in which our residents feel safe and supported.

The decision to move a family member into an aged care home can be very difficult. There are processes to follow and finding a suitable placement can take time. We're here to help you and your family through the process.



Accommodation and facilities

Resident rooms are furnished and provide a warm and comfortable living environment. All rooms include beautiful garden and courtyard views and fresh coastal breezes keep rooms pleasantly temperate.

Residents can opt to have their own personal phone installed, or may use a common portable phone provided.

We encourage residents to make the space their own by adding furniture (if space allows) and personal items.

Communal areas include elegant dining rooms, spacious lounge rooms, comfortable loungettes with tea and coffee facilities and a private dining area. In addition there is a billiard room, library, an internet cafe and TV areas.

Garden facilities include outdoor entertainment areas and a barbecue. Our courtyard gardens are secure and private.

The Bays Aged Care is a short walk to the main shopping centre of Hastings, with library, banks, cafes and the foreshore parklands nearby.

For people with more complex care needs we offer comfortable, bright accommodation set around spacious communal lounge areas and secure courtyard gardens. Rooms maintain a quiet, calm atmosphere and come in single or twin room configurations, with or without an ensuite.

We are very experienced in providing high quality, individual care with the utmost respect and dignity for people with early to late-stage dementia.



Clinical care

Our people

The team at The Bays Aged Care take great pride in caring for our community's elders. Our staff are local people and many are familiar faces to residents. We offer resident-centred care that values and treats everyone as an individual with respect and dignity. Our residents can be assured of the highest quality healthcare and emotional support 24-hours a day.

Because we are part of The Bays Healthcare Group, our residents have access our high quality acute care hospital and some of the best health care professionals in the region.

Care plans

No two people have the same requirements. So we work with each resident and their family to develop a personalised care plan. This care plan includes the resident's choice of doctor, nursing staff and other specialist healthcare providers, such as:

- physiotherapist
- podiatrist
- dietician
- speech pathologist
- dietician
- occupational therapist and diversional therapists
- others as required.